

BUFFET

About the names

The names of all the suggested beverages correspond to the XVIII-XIX centuries. The main part of the name is the type of the drink: erofeich, ratafia, vodka, nalivka (fruit liqueur). As for the second part, which is mostly an adjective that reflect the character of the drink: aniseed erofeich, rowan ratafia, bersenevaya nalivka (gooseberry liqueur), milk filtered lemon vodka.

EROFEICHES

Erofeich is the Tzar of a Russian buffet. These beverages, being born in the XVII century, existed until the last quarter of the XIX century. They had always been the most expensive drinks that were available only for noble and merchant societies.

The suggested erofeiches are classically prepared and represent quarter distillation drinks that have an approximate alcoholic content of 56 % by volume.

It is served exclusively from the ice in small and chilled wine glasses of 30-40 ml.

Erofeich is swallowed at one gulp without having anything with it at first, one should wait for a particular warming feeling in his stomach.

CARAWAY EROFEICH (ТМИННЫЙ)

Classic Russian alcoholic drink of quarter distillation prepared from a Siberian caraway. It is an ideal aperitif for a Russian buffet.

Served from the ice. 0,5 l.....5300 r. 50 ml.....600 r.

ANISEED EROFEICH (АНИСОВЫЙ)

Classic Russian alcoholic drink of quarter distillation prepared from a balm anise. It is an ideal aperitif for a rich Russian buffet, an accompanying drink that perfectly comes with nourishing and fatty plates.

Served from the ice. 0,5 l.....5300 r. 50 ml.....600 r.

ZVEROBOYNAYA VODKA

(John the Baptist`s Vodka) (Зверобойная)

Classic Russian alcoholic drink of quarter distillation based on flowers and young sprouts of St. John`s wort, collected near the Mana River (Eastern Sayan Mountains). In the XVII century, alongside with wild orange and lemon vodkas, zveroboynaya vodka was the most popular alcoholic drink on a Russian table. Due to St. John`s wort it contains a complex of natural substances, giving a strong anti-depressive effect. It is an ideal beverage for a meal that perfectly develops with plates prepared from beef, veal and fowl. It has a specific floral-and-herbal aroma and a herbal-and-pepper taste.

Served slightly chilled. 0,5 l.....5300 r. 50 ml.....600 r.

HORSERADISH VODKA

(Водка хренная)

Traditional russian vodka. Prepared of the horseradish and fresh lemons. Suited to fish, cold boiled pork. Served from the ice.

0,5 l.....5300 r. 50 ml.....600 r.

VODKA LEMON ON MILK

(Лимонная на молоке)

Prepared infusion on milk and whole lemon to the last slow distillation. The aroma and taste of lemon vodka, and finish - cream. Served chilled or on ice. Good maintenance of dishes with a delicate taste and fishbroths. can be used as an aperitif.

0,5 l.....5300 r. 50 ml.....600 r.

ROWAN RATAFIA (Ратафия)

Classic Russian alcoholic drink of quarter distillation prepared from rowan. Can act as an aperitif (served from the ice) and antrame (chilled, before and after dishes of wild bird).

0,5 l.....8000 r. 50 ml.....800 r.

SOROKOTRAVNIK

(Сорокотравник)

This is balsamic vodka made of different types of herbs, collected in the highlands of eastern and western Sayan mountains in Syberia. Perfect end to the evening as a digestive. Served from the ice.

0,5 l.....5800 r. 50 ml.....675 r.

NALIVKY AND ZAPEKANKY

They represent vodka prepared from different berries, fruit and herbs. Here are some peculiarities of the production:

1) Only whole berries are used, which are not cut, undamaged, with intact peel; 2) During the preparation, depending on the temperature, one has to take the time into account. For instance, strawberries have to be drawn at a temperature of 25°C during 20 hours, otherwise the liqueur won't be fragrant.

Every object of the drawing requires its own time. 3) The liquid is poured out without damaging the fruit and berries. Wringing is not used during the nalivka production.

4) The derived infusion is fixed with a thermal processing, clarified by sedimentation and poured into bottles without filtration.

There is a particular peculiarity of classic Russian nalivkas (they are also called «Russian liqueur»), they can develop their taste being in bottle, cultivating it within the time.

The alcoholic content of nalivkas differs from 14 to 25% by volume. They are a wonderful dessert both alone and as an accompaniment for any dessert plate.

BLUEBERRY NALIVKA (черничная)

Nalivka based on an alcoholic drink of double distillation. It is prepared from blueberries, picked up near the Eastern Sayan Mountains. A wonderful independent dessert and an accompaniment for dessert plates, based on cream.

0,5 l.....3200 r. 50 ml.....400 r.

BILBERRY NALIVKA (голубичная)

Nalivka based on an alcoholic drink of double distillation. It is prepared from bilberries, picked up in an Alpine zone of the Eastern Sayan Mountains. A wonderful independent dessert and an accompaniment for dessert plates.

0,5 l.....3200 r. 50 ml.....400 r.

CRANBERRY NALIVKA (клюква)

Nalivka based on an alcoholic drink of double distillation. It is prepared from cranberries, picked up in swamps of Eastern Siberia. A wonderful independent dessert and an accompaniment for dessert plates (not sweet).

0,5 l.....3200 r. 50 ml.....400 r.

HONEYSUCKLE NALIVKA

(жимолостная)

It is prepared from honeysuckle berries, picked up end of June in the Eastern Sayan Mountains. An independent dessert and the basis of the sauce for French duck. That is a good match for parfait and full-cream ice.

0,5 l.....3200 r. 50 ml.....400 r.

APPETIZERS

Stroganina (sliced frozen meat) of northdeer with onion (строганина из оленины) 90/20 g.....	950 г.
Salted, baked or smoked lard (сало соленое, запеченное или копченое) 80/20/20 g.....	620 г.
Deer tongue with horseradish and mustard (язык оленя) 100/30 g.....	1490 г.
Pate of northdeer (паштет из оленины) 100/15 g.....	650 г.
Pate of siberian stag liver (паштет из марала) 100/15 g.....	650 г.
Pate of polar partridge (паштет из куропатки) 100/15 g.....	800 г.
Marinated venison with capers and egg (Маринованное мясо оленя) 170 g.....	1100 г.
Smoked venison (оленина г/к) 100/20 g.....	970 г.
Smoked venison, to beer (оленина х/к) 70 g.....	550 г.
Cold boiled pork of wild boar with horseradish and mustard (буженина из кабана) 100/15/15 g.....	950 г.
Roe with blueberry sauce (косуля) 100/10/25 g.....	1100 г.

Light-salted fish:

Chir (чир) 100/15 g.....	700 г.
Tugunok (тугунок) 100/15 g.....	850 г.
White salmon (нельма) 100/15 g.....	920 г.
Herring (сельдь) 100/30 g.....	580 г.

Smoked fish:

Whitefish (Muxsun) (муксун) 100/40 g.....	700 г.
Cisco (омуль) 100/30 g.....	920 г.

Stroganina (sliced frozen fish):

-of nelma 100/35 г.....1300 г.

-of whitefish (muksun) 130/35 г.....950 г.

Sagudai (frozen fish with onion and spices):

-of nelma 200 г.....1500 г.

-of whitefish (muksun) 200 г.....1100 г.

Caviar with toasts:

Cisco caviar (омулевая икра) 50/50/30 г.....1200 г.

Pike caviar (щучья икра) 50/50/30 г.....750 г.

Pancakes with cisco caviar

(блинчики с икрой) 120/50 г.....1450 г.

Caviar of cisco with poached eggs on

toasts (омулевая икра с яйцом пашот) 140 г.....1300 г.

Salted mushrooms:

Milk mushrooms (грузди) 130/60 г.....850 г.

Saffron milk cap (рыжики) 130/60 г.....750 г.

Yellow boletus (маслята) 130/60 г.....750 г.

Pickled tomatoes (помидоры б/п) 150 г.....480 г.

Pickled cucumbers (огурцы б/п) 150 г.....390 г.

Sauerkraut with cowberries

(капуста квашенная) 200 г.....450 г.

Cheese plate (ассорти сыров) 200/40 г.....1500 г.

Platter of fresh vegetables (ассорти овощей)

410 г.....620 г.

SALADS

«Olivier» (a collection of recipes, Krasnoyarsk, 1897)

200/30 g.....850 r.

Grilled eggplant salad with tomatoes and soya sprouts under Asian sauce with Siberian stag (измарала с ростками сои)

180/20 g.....880 r.

Salad of roe with eggplant and celery

(из косули с баклажаном) 180 g.....870 r.

Salad of roe and fried fern with onion

(из папоротника и мяса косули) 180 g.....850 r.

Salad of cisco with potatoes, cucumber and caviar (с омулем) 180/10 g.....880 r.

Salad with Kamchatka king crab, tomato, avocado and green apple under balsamic mustard sauce (из мяса краба) 210 g.....1700 r.

Salad of beets, dried plums and spinach with goat cheese and pine nuts

(салат из свеклы) 200 g.....650 r.

Salad of baked vegetables with sauerkraut and apple (винегрет) 200/20 g.....590 r.

SOUPS

Home Russian soup (домашний суп)

350 ml/30 g.....520 г.

Daily soup with Siberian stag and white mushrooms (щи суточные)

350 ml.....620 г.

Bouillon of quails with croutons

(бульон из перепелов)

350 ml/20 g.....620 г.

Royal fish soup with pies

(уха по-царски)

350 ml/30 g.....1350 г.

Boiled Siberian fish (рыба разварная)

- white salmon (нельма) 100 g.....850 г.

- whitefish (muksun) (муксун) 100 g.....650 г.

MAIN DISHES

Minced meat of sayan bear with
cream-cowberry sauce, buckwheat
and white mushrooms (котлета из мяса медведя)
170/150 г.....2100 г.

Minced meat of elk with fried fern and
cowberry sauce (бифштекс из сохатины)
190/100/25 г.....1450 г.

Minced meat of wild boar with spinach and
white mushrooms (котлета из кабана) 190/90/25 г...1250 г.

Kebab of roe with blackberry sauce
(брошет из косули) 160/50/35 г.....1950 г.

Minced meat of roe with parmesan and
cedar nuts under bilberry sauce
(котлеты из косули) 170/70/5 г.....1650 г.

Venison with cedar nuts with sauce of
green pine cones (оленина в кедровых орехах)
190 г.....1450 г.

Venison with apples and cranberry sauce
(оленина с яблоками) 200/30 г.....1600 г.

Polar partridge with cloudberry sauce
(куропатка с соусом из морошки) 180 г.....1700 г.

Minced meat of lamb with tomato sauce
and fresh vegetables (котлета из ягненка)
180/120/35 г.....1350 г.

Grilled meat of Altay yak with tomato and mustard sauce (як гриль) 200/30 г.....1450 г.

Dumplings (пельмени) 150/30 г.....850 г.

-with quail (с мясом перепелов)

-with north deer and fern (с мясом оленя)

- «Siberian»

Dumplings with white salmon and creamy sauce (Пельмени с нельмой) 150/30 г.....950 г.

Vareniki with potatoes (вареники) 230/30 г.....520 г.

Sturgeon with potato and sauce of tomatoes and capers (шашлык из осетра) 230/30 г.....3100 г.

Cutlets of pike and zander with crayfish sauce (котлеты из щуки и судака) 130/30 г.....1100 г.

Grilled whitefish (muksun) with potato and creamy sauce of shrimps and onion

(муксун с картофелем) 130/130/50 г.....1200 г.

White salmon baked with fennel and tomatoes (нельма запеченная) 300/20 г.....1650 г.

Steamed white salmon, smoked on currant and cherry with creamy and mushroom sauce (нельма паровая подкопченная)

130/100/15 г.....1550 г.

SIDE DISHES

Fried fern orlyak with onion (папоротник)	150 g.....620 r.
Potato pancakes with sour cream (драники)	250/60 g.....650 r.
Buckwheat with onion and white mushrooms (гречка с грибами) 150 g.....	480 r.
Fried potatoes with white mushrooms (картофель с грибами) 200 g.....	420 r.
Baked potato with onion and garlic (картофель запеченный) 150 g.....	250 r.
Asparagus with creamy sauce and white mushrooms (спаржа с белыми грибами)	80/40/10 g.....1100 r.
Grilled vegetables (овощи гриль) 200 g.....	530 r.

DESSERTS

Pancakes (блины) 120 g.....	300 g.
Cowberry with honey or condensed milk and pine nuts (брусника с медом) 100/30 g.....	420 g.
Honey cake («Медовик») 120 g.....	420 g.
Birdcherry cake (торт черемуховый) 120 g.....	420 g.
Cake «Poor Jewish» («Бедный еврей») 150 g.....	650 g.
Lemon posset with fresh berries (лимонный поссет) 140/10 g.....	430 g.
Chocolate dessert with apricot stones powder (шоколадная колбаска) 110 g.....	420 g.

ICE-CREAM

Home made sorbet

(домашнее сорбе) 50 г.....350 г.

-cloudberry (из морошки)

-sea buckthorn (из облепихи)

-forest berries (из лесных ягод)

-honeysuckle (из жимолости)

Vanilla ice-cream (пломбир) 75 г.....220 г.

JAM (варенье)

- cloudberry (морошка) 70 г.....500 г.

- honeysuckle (жимолость) 70 г.....350 г.

- young pine cones (шишковое) 70 г.....350 г.

- raspberry (малиновое) 70 г.....300 г.

- blackcurrant (из черной смородины) 70 г.....300 г.

- redcurrant (из красной смородины) 70 г.....300 г.

Honey (мед) 70 г.....250 г.

BEVERAGES

Fruit-drinks (Mors):

- cloudberry (из морошки) 250 ml.....570 р. 1 л.....2300 р.
- cowberry (брусничный) 250 ml.....240 р. 1 л.....960 р.
- sea buckthorn (облепиховый) 250 ml...240 р. 1 л.....960 р.
- honeysuckle (из жимолости) 250 ml...240 р. 1 л.....960 р.

Kvass 250 ml220 р. 1 л.....880 р.

Freshjuice (сок в ассортименте) 300 ml.....390 р.

Juice «Pago» (in assortment) 200 ml.....190 р.

Mineral water:

«Acqua Panna» (still) 500 ml.....340 р.

«San Pelegrino» (sparkling) 500 ml.....340 р.

«Narzan» (sparkling) 500 ml.....240 р.

«RusseQuelle»(still) 750 ml.....280 р.

«Coca Cola» 300 ml.....240 р.

COFFEE

eastern type.....great 450 r.

eastern type.....small 330 r.

- Kenya AA

Espresso 30 ml.....160 r.

Espresso ristretto 20 ml.....180 r.

Americano 190 ml.....180 r.

Cappuccino 200 ml.....250 r.

Latte 230 ml.....280 r.

Double espresso 60 ml.....360 r.

TEA COLLECTION

700 ml.....350 г.

- Assam Black (Английский завтрак)
- «Earl Grey» Black with bergamot
(Эрл Грей)
- «Milk Oolong» Green with milk flavor
- Green with jasmine (Зеленый с жасмином)
- Green tea

TAIGA TEA

700 ml.....430 г.

Taiga tea with:

- rosehip (шиповник)
- bilberry (черника)
- black currant (черная смородина)
- raspberry (малина)
- cowberry (брусника)
- sea-buckthorn and honey (облепиха)

SAYAN HERBS

700 ml.....300 r.

With black or green tea 700 ml.....330 r.

All herbs are collected in Sayan, during the period, when by the lunar calendar, plants have the biggest biological value. They are manufactured by hand, to save the maximum quantity of useful substances.

Sahan-dalia

Used as stimulating, toning up and adoptagenic agent. Infusion of leaves, removing tiredness and gives energy, hunters usually drink it instead of tea, when they will have a long hike in pursuit of the beast.

Golden root

Regain strength after a serious illness and used as a tonic, recommended to drink during heavy physical and mental work.

Kuril tea

Used not only with a decrease in immunity, but simply because its invigorating and at the same time a relaxing effect allows you to put in harmonious state soul and body.

Thyme

Restores health, it includes many useful substances, has an antiseptic effect.

Herbas teas

700 ml.....350 г.

- «Sayan aroma» (Аромат Саян)
(sahan-dalia, golden root, black tea)
- «Hunting» (Охотничий)
(hypercium, thyme, blooming sally)
- «Forest trail» (Лесная тропа)
(thyme, sahan-dalia, golden root,
kuril tea)

Contraindications: increased nervous irritability,
hypertension, chronic liver disease and kidney failure,
pregnancy, hypersensitivity and other.

